

Thank you for purchasing a RHH product!

Enhance your experience by downloading the RH Sleep App, available now on the Apple App Store and Google Play Store. With the app, you can turn the product on and off, adjust timer and heat settings, and integrate with Amazon Alexa and Google Assistant.

INSTALL

1. First, download and complete the install for your RHH Product.
2. Tap the “Create New Account” button at the bottom of the login page and choose an email and password you would like associated with this account.
3. You will receive an email with a six-digit code that will need to be entered on the following page to complete account activation.
4. After logging in, you will be on your app home and dashboard. As you begin to add RHH products, you will be able to see each one listed here, and its current status. To return to this page from anywhere in the app, simply select “Home” from the menu.
5. To add your new product, first make sure your product is discoverable by holding down the power button while plugging it in. Continue holding the power button until the LED indicators flicker back and forth. This flicker means the product is discoverable. Make sure you are at a close range to your phone. It is helpful if your phone is already connected to the WiFi you intend to use to manage your RHH Product prior to adding your product in the app.
6. Tap “+ Add More Products”
7. Start by choosing the brand of product you purchased.
8. You will need to connect your phone and product to local WiFi—ideally the same WiFi where the product will live. The three dots on the timeline on your app represent:
 - WiFi available
 - Phone connected to WiFi
 - Product connected to your phone/app
9. In many cases the first dot will already be checked off.
10. If the first dot is not checked, make sure your WiFi is on and the signal is clear and strong. You will also need to give the app permission to access your location.
11. If the first but not the second dot is checked, make sure to connect your phone to the WiFi that you will be connecting your product to. Follow the animated instructions to turn your phone’s WiFi on and connect to it. |
12. If the first two dots are checked, it’s time to connect your product to WiFi. To do this:
 - a) Exit the app and open “settings” on your phone

- b) Select “Wi-Fi”
 - c) Select your product from the list of options under “network”. Its name should start with a “W” and be something like “WB2-45E4D4”
 - d) Wait until it appears beneath “WiFi” and then navigate back to this app.
 - e) Tap “Done”
13. The final dot should be checked, and on the next page you will need to enter your WiFi password for the network to complete the connection.
14. Finally, name your product something that makes sense to you. If you are planning on using this product with Alexa or Google Assistant, follow these naming pointers:
- Choose words that exist in the English language
 - Make short, clear names that are easy to say
 - If using a proper noun, make sure it is fairly phonetic

Success! You should now be able to see your new product on your home page!

USING THE APP

Now that your product(s) are available on your app dashboard, you can manage them easily.

- Increase and decrease the heat.
- Increase and decrease the timer. A product will not start heating until start heat is tapped, and will stop heating when the time has elapsed.
- Start or stop heat
- View the current temperature and remaining time at a glance
- Change the name of the product
- Delete the product from your app. Warning! You will not be able to manage this product unless you reconnect it, as described on page 2 of this guide.
- Edit the names of individual sides of a product where that functionality is available.
- Add more products.

USING VOICE CONTROL

RHH products can also be controlled by Alexa or Google Assistant if desired.

1. First, make sure your app is set up correctly and connected to your product(s).
2. Enable RH Sleep for Alexa by navigating to the search feature in Alexa, finding “RHH” and clicking “enable skill”. The first time you attempt a voice command (listed below), you will be

sent a “card” directing you to log in to RH Sleep with the credentials you made for your RH Sleep App.

3. Enable Google Assistant by tapping “home control” in your Google Home app. Find and add the “RHH” skill. You will then be sent an event notification which is added to your “recent events” list in Google Home app. Clicking on the notification or event will allow you to link Google Assistant to your RH Sleep account by logging in with the credentials you made for your RH Sleep App.
4. When Alexa or Google Assistant setup is complete, you will be able to use the following commands to manage your RHH product(s):
 - For Alexa, begin each command with “Alexa, Tell RH Sleep to...”
 - For Google Assistant, begin each command with “OK Google, tell RH sleep app to...” (the ‘app’ part is important)
 - List my products
 - Select <product name> / Alexa/Google Assistant confirms
 - Select <product name> and Set heat for <side name> to <level>
 - Set timer for <side name> to <duration>
 - turn on <side name>
 - turn off <side name>
 - turn up <side name> (this increases the temperature by one)
 - turn down <side name> (this decreases the temperature by one)
5. Some key notes:
 - Heat levels for Queen and King Blankets as well as Queen and King Mattress pads: 1 to 10
 - Heat level for Throw Blanket: 1 to 10
 - Timer: 30 minutes increments from 30 minutes to 10 hours
 - 1 hour increments from 10 hours to 12 hours.
6. Note: Specifying the product name is only necessary for users with multiple products. If multiple products exist and one isn’t specified, Alexa or Google Assistant will ask for clarification.